### ST PATRICK'S CATHEDRAL, PARRAMATTA

Cathedral Office: 1 Marist Place, Parramatta NSW 2150
(02) 8839 8400 Emergency: 0407 289 360 www.stpatscathedral.com.au
Bishop of Parramatta: Most Rev. Vincent Long Van Nguyen OFM Conv DD

26 February 2023 - 1st Sunday of Lent (Year A)

#### **Mass Schedule**

#### **SUNDAY**

6:00pm Saturday Vigil Mass 7:30am Morning Prayer

8:00am Mass

9:30am Mass

11:00am Solemn Mass with Cathedral Choir

6:00pm Mass

#### **MONDAY TO FRIDAY**

6:10am Morning Prayer 6:30am Mass

11:15am Exposition of the Blessed Sacrament

11:15am Reconciliation (till 12:15pm) Rosary after Angelus at 12:00 noon

12:30pm Mass

#### **SATURDAY**

7:30am Morning Prayer

8:00am Mass

8:30am Reconciliation (till 9:00am)

9:30am Mass (Old Rite)

5:00pm Sacrament of Penance (till 5:30pm)

#### **PUBLIC HOLIDAYS**

Mass at 8:00am (No Adoration or Confession)

#### WEEKLY PRAYER GROUPS

Tuesday 9:30am - Christian Meditation

Tuesday 6:30pm - Legion of Mary

Tuesday 7:30pm - RCIA

Friday 1:00pm - Cenacle Prayers

#### MONTHLY PRAYER

First Friday Devotions: 6:30pm

#### OTHER CONNECT GROUPS

Playgroup: Wednesdays 9:30am - 11:00am Facebook: Parramatta St Pat's Playgroup

#### **Credo Youth Ministries**

Contact Fr Chris or find information on

Facebook: credo.stpats

Email: credo@stpatscathedral.com.au



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#### Jesus tempted?

'THE TEMPTATION OF JESUS'. This caption is used as the heading of this particular Gospel and it's one that, despite encountering it multiple times, still doesn't sit well with me. When one speaks of the Person of Jesus Christ one is also referring to the same God who has existed for all eternity, created all things out of nothing, and, by definition, holds unfathomable power. As St. Paul writes in his letter to the Philippians: 'Jesus did not grasp at his equality with God but emptied himself, taking the form of a slave... And being found



in human form he humbled himself and became obedient unto death, even death on a cross. Therefore God has highly exalted him and bestowed on him the name which is above every name.' (2:6-9) Jesus Christ is the same God who is omnipotent. As such you can see my difficulty with this caption. How can Jesus, who is God, be tempted? Upon further reflection however, it becomes clear that this isn't a question of how, but why. Therefore, this reflection looks at why Jesus was tempted.

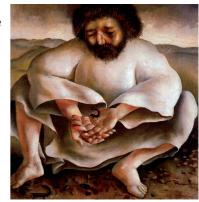
There's a common temptation amongst the faithful to question God's compassion and love. In the face of hardship and strife, one doubts these qualities of God as He doesn't intervene at a moment's call and, being infinitely greater than the created order, cannot relate to suffering humanity. However, in these cases St. Paul's words ring true as we are reminded that Jesus, who is the Second Person of the Blessed Trinity, 'did not grasp at his equality with God but emptied himself, taking the form of a slave, being born in the likeness of men.' God is not foreign to suffering as in the person of Jesus he encounters suffering and temptation at the hands of the Devil. In fact, as stated in our Gospel, Jesus Christ faced the epitome of temptation: He has not nourished his body in forty days and is tempted with food; He has put aside his equality with God and he is tempted with divine assistance from God; He has come to redeem humanity from sin and he is tempted with power over all the kingdoms of the world. Without a doubt Jesus would have considered the temptations of the Devil. Yet we see the fortitude of Christ as he rejects each temptation. Why? Christ sees beyond the allure of sin; the Devil does not satisfy the human person, only God. Only in cooperating with God can people become like God. In short, God is not foreign to temptation and suffering. As Pope Benedict says: 'He descends in the abyss of death, into the night of abandonment, and into the desolation of the defenceless. He ventured this leap as an act of God's love for men.'

Dear friends, why was Jesus Christ tempted? Why did he undergo such suffering? The answer is very clear: he did it for us. He went through it to show us that human suffering, as uncomfortable as it is, is not the end of the world. That suffering, at times, can bring about joy. That temptation is only temporary, and most importantly, that he is with us in our temptations. God is present in the midst of temptation as he

knows the difficulty of it; he is our Good Father who never abandons us. Friends, take heart. Have courage as you journey through this penitential season and know that your particular Lenten disciplines are purposed to redirect your heart to God and, more importantly, that Our Lord walks with you in all your struggles.

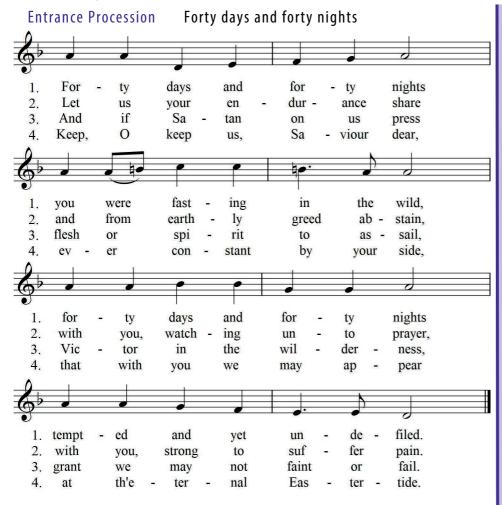
Wishing you a blessed Lenten season,

Fr Chris



## LITURGY GUIDE

#### **ENTRANCE RITE**



Text: George Hunt Smyttan 1822-1870, alt. by Francis Pott 1832-1909, in *Hymns fitted to the Order of Common Prayer* 1861, alt. Tune: AUS DER TIEFE (HEINLEIN) 77.77; Nürnbergisches Gesangbuch, 1676. Melody attrib. Martin Herbst 1654-1681

#### PENITENTIAL ACT

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, (all strike their breast, three times)

through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Kyrie Chant Mass XVIII



Kyrie 11:00am Mass "In te Domine speravi" G.P. da Palestrina

#### 1st Sunday of Lent



#### **Focusing the Gospel**

- Jesus was led by the Spirit out into the wilderness to be tempted by the devil.
- No one lives on bread alone but on every word that comes from the mouth of God.
- You must worship the Lord your God, and serve him alone.
- Be merciful, O Lord, for we have sinned.
- By one man's obedience many will be made righteous.

#### to the point

On one level the stories of the temptations are about the choice between good and evil, between self-will and the will of God, between obedience and disobedience. But there is more at stake. The gospel's face-off between the devil and Jesus reveals temptation as a conflict between 'the kingdoms of the world' and the rule of God. Ultimately temptation asks all of us, Whom will you serve?

#### **Connecting the Gospel**

#### to the seasons of Lent

Lent is not only about penitential practices. As a season Lent concentrates our life-long struggle to choose whether we will serve God or not.

#### • to religious experience

We tend to see both temptation and sin as private matters. As the first reading shows, even individual, private acts have far-reaching consequences.

## LITURGY GUIDE

#### Collect

Let us pray.

Grant, almighty God,
through the yearly observances of Lent,
that we may grow in understanding
of the riches hidden in Christ
and by worthy conduct pursue their effects.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God. for ever and ever.

Amen.

#### LITURGY OF THE WORD

#### First Reading

A reading from the book of Genesis (2:7-9, 3:1-7)

#### Creation of our first parents, and sin.

The Lord God fashioned man of dust from the soil. Then he breathed into his nostrils a breath of life, and thus man became a living being.

The Lord God planted a garden in Eden which is in the east, and there he put the man he had fashioned. The Lord God caused to spring up from the soil every kind of tree, enticing to look at and good to eat, with the tree of life and the tree of the knowledge of good and evil in the middle of the garden.

The serpent was the most subtle of all the wild beasts that the Lord God had made. It asked the woman, 'Did God really say you were not to eat from any of the trees in the garden?' The woman answered the serpent, 'We may eat the fruit of the trees in the garden. But of the fruit of the tree in the middle of the garden God said, "You must not eat it, nor touch it, under pain of death".' Then the serpent said to the woman, 'No! You will not die! God knows in fact that on the day you eat it your eyes will be opened and you will be like gods, knowing good and evil.' The woman saw that the tree was good to eat and pleasing to the eye, and that it was desirable for the knowledge that it could give. So she took some of its fruit and ate it. She gave some also to her husband who was with her, and he ate it. Then the eyes of both of them were opened and they realised that they were naked. So they sewed fig-leaves together to make themselves loin-cloths.

The word of the Lord.

Thanks be to God.

#### Responsorial Psalm

Ps 50:3-6, 12-14, 17



#### Second Reading

A reading from the letter of St Paul to the Romans (5:12, 17-19) Where sin increased, there grace abounded all the more.

Sin entered the world through one man, and through sin death, and thus death has spread through the whole human race because everyone has sinned. If it is certain that death reigned over everyone as the consequence of one man's fall, it is even more certain that one man, Jesus Christ, will cause everyone to reign in life who receives the free gift that he does not deserve, of being made righteous. Again, as one man's fall brought condemnation on everyone, so the good act of one man brings everyone life and makes them justified. As by one man's disobedience many were made sinners, so by one man's obedience many will be made righteous.

The word of the Lord.

Thanks be to God.

#### Gospel Acclamation "Orbis factor"

The cantor, alone, intones the Alleluia. All repeat



Lo - ry and praise to you, Lord Je - sus Christ.

Cantor: No one lives on bread alone, but on every word that comes from the mouth of God. R. Glory and praise...

#### Gospel

A reading from the holy Gospel according to Matthew (4:1-11) Jesus fasted for forty days and nights.

Jesus was led by the Spirit out into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, after which he was very hungry, and the tempter came and said to him, 'If you are the Son of God, tell these stones to turn into loaves.' But he replied, 'Scripture says:

Man does not live on bread alone

but on every word that comes from the mouth of God.'

The devil then took him to the holy city and made him stand on the parapet of the Temple. 'If you are the Son of God,' he said, 'throw yourself down; for scripture says:

He will put you in his angels' charge,

and they will support you on their hands

in case you hurt your foot against a stone.'

Jesus said to him, 'Scripture also says:

You must not put the Lord your God to the test.'

Next, taking him to a very high mountain, the devil showed him all the kingdoms of the world and their splendour. 'I will give you all these', he said, 'if you fall at my feet and worship me.' Then Jesus replied, 'Be off, Satan! For scripture says:

You must worship the Lord your God,

and serve him alone.'

Then the devil left him, and angels appeared and looked after him.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

#### LITURGY OF THE EUCHARIST

#### Profession of Faith

#### **Apostles' Creed**

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord,

At the words that follow, up to and including 'the Virgin Mary', all bow.

who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

#### Prayers of Intercession

#### PREPARATION OF THE OFFERINGS

Offertory Motet 11:00am Call to remembrance, O Lord

R.Farrant

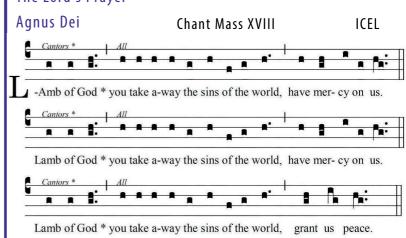
Call to remembrance, O Lord, thy tender mercies and Thy loving kindness, which hath been ever of old, O remember not the sins and offences of my youth: but according to Thy mercy think Thou on me, O Lord, for Thy goodness





#### **COMMUNION RITE**

The Lord's Prayer



Agnus Dei Missa "In te Domine speravi" G.P. da Palestrina

#### LITURGY OF THE EUCHARIST

#### Communion Antiphon

11:00am Mass

(Psalm 90:4,5)

Scapulis suis obumbrabit tibi, et sub pennis eius sperabis: scuoto circumdabit te veritas eius.

He will overshadow you with his pinions, and you will find refuge under his wings. His faithfulness will encompass you with a shield.



Text & music: Marty Haugen, b.1950. © 1990, 1991, GIA Publications, Inc. All rights reserved. Used by permission.

dawn

like the

3 forth



# 8:00am Mass Propers Entrance Antiphon

When he calls on me, I will answer him; I will deliver him and give him glory, I will grant him length of days.

#### Responsorial Psalm

Ps 50:3-6, 12-14, 17

R. Be merciful, O Lord, for we have sinned.

Have mercy on me, God, in your kindness. In your compassion blot out my offence.

O wash me more and more from my guilt and cleanse me from my sin. R.

My offences truly I know them; my sin is always before me. Against you, you alone, have I sinned; what is evil in your sight I have done. R.

A pure heart create for me, O God, put a steadfast spirit within me.

Do not cast me away from your presence, nor deprive me of your holy spirit. R.

Give me again the joy of your help; with a spirit of fervour sustain me. O Lord, open my lips and my mouth shall declare your praise. R.

#### Gospel Acclamation

Praise to you, Lord Jesus Christ, king of endless glory! No one lives on bread alone, but on every word that comes from the mouth of God.

Praise to you, Lord Jesus Christ, king of endless glory!

#### Communion Antiphon

One does not live by bread alone, but by every word that comes forth from the mouth of God.



# THE BULLETIN

#### STAFF CONTACT DETAILS

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Very Rev Fr Robert Riedling 8839 8420 or frrobert@stpatscathedral.com.au

**Assistant Priest** 

Rev Fr Chris del Rosario 8839 8423 or frchris@stpatscathedral.com.au

Deacon

Rev Mr David Dowling 8839 8415 or deacon@stpatscathedral.com.au

**Priest in Residence** 

Rev Fr Van Xua (Joseph) Nguyen Vietnamese Community Chaplain

Office Hours: 9:00am - 4:00pm weekdays

**Receptionist:** Donna Missio (Mon, Tue, Wed, Fri) 8839 8400 or enquiry@stpatscathedral.com.au

Parish Secretary: Pat Preca (Mon, Tue, Thu, Fri) 8839 8412 or secretary@stpatscathedral.com.au

Cathedral Parish Manager: Mili Lee (Tue - Fri) 8839 8419 or admin@stpatscathedral.com.au

Sacramental Coordinator: Parish Team 8839 8400 or secretary@stpatscathedral.com.au

**Director of Music:** Bernard Kirkpatrick KSS 8839 8400 or music@stpatscathedral.com.au

**Liturgy Coordinator/Sacristan:** Fr Chris del Rosario 8839 8423 or frchris@stpatscathedral.com.au

Youth Coordinator: Parish Team

8839 8400 or credo@stpatscathedral.com.au

Gift Shop Manager: Minnie Harb

8839 8400 or giftshop@stpatscathedral.com.au

#### **SACRAMENTS**

Baptisms are celebrated in the Cathedral on most Sundays. Check for exceptions. Family members and guests are requested to be present at the Cathedral at least fifteen minutes before the usual commencement time of 12:45pm.

Weddings are by appointment only.

At least six months' notice is necessary. Contact the Parish Secretary on 8839 8412.

First Eucharist and Confirmation Please contact the Parish Secretary.

#### HIRING of ROOMS

For hire of Cloister Function rooms, call the office on 8839 8400 or enquiry@stpatscathedral.com.au

#### **Material for Bulletin**

If you have something that you would like published in the bulletin, please ensure that it is conveyed to our Parish Secretary, Pat, by **12:00noon on Thursday.** Please note that material must relate to the parish and its mission. Don't forget that businesses can advertise on the rear page of the bulletin too!





After losing her father when she was just 10-yearsold, Laxmi was at risk of falling further into extreme poverty. But with the support of our partner Caritas Nepal, Laxmi joined a child's club, became a leader in her school and is now a mentor to other children in her village.

#### Please donate to Project Compassion 2023.

Together, we can help vulnerable communities face their challenges today and build a better tomorrow For All Future Generations.

You can donate through Project Compassion donation boxes/envelopes available from your parish, by visiting **caritas.org.au/project-compassion**, or by calling **1800 024 413**.







### **GUEST SPEAKER**

**Dr Andrew Charlton MP**Federal Member for Parramatta

TICKETS: \$100 PP

TICKETS AVAILABLE AT:

https://www.trybooking.com/eventlist/businessbreakfast

OR SCANQR CODE TO BOOK



#### **Preparation for First Eucharist**

Preparation sessions for Eucharist for children 7 years or older who have *completed Reconciliation* will continue with "Remembering Baptism". See table of sessions below.

Please keep in mind that all sessions are mandatory.

For any other information regarding the Sacramental Process for children already baptised, please email parish secretary Pat Preca at secretary@stpatscathedral.com.au or phone 8839 8412.

Remembering Baptism 3	4:30pm Sat 04 March	Parents & children
Ritual to Remember Baptism	4:30pm Sat 18 March	Parents & children

# World Youth Day (WYD) Fundraising

Fundraising for our WYD pilgrims begins again **this Sunday** with a barbecue after the 9:30am and 11:00am Masses. Please buy a sausage sandwich (or two!) to support Stacie, Kayleigh and Caitlin, our WYD pilgrims.



#### Seminarian - Mr Jeff Hood

I am pleased to announce that we have been asked to accommodate a seminarian, Mr Jeff Hood, who is now living with the clergy in the presbytery. Jeff will be here to get to know the parish and the parishioners, help out with various tasks, and so on. I know you will make him welcome! You can read a profile of Jeff further on in this bulletin in which he speaks of his background and what has drawn him to diocesan priesthood in the diocese of Parramatta. *Fr Robert*.

#### **Social and Fundraising Group**

We are looking for four parishioners to lead a social and fundraising group to help organise events in the Cathedral.

Our first two events will be to assist in running the Business Breakfast and the St Patrick's Day celebration.

These two events were held annually pre-Covid, therefore the group's role will be to review previous years' event plans and look at other creative ways that we can grow the parish community and reach out in mission.

If you are interested, please register with the Cathedral office. First meeting will be on **Tuesday 28 February - next week!** 

#### **Submissions for St Pat's Matters**

It's time to put pen to paper or fingers to the keyboard, if you intend to submit an article for the first edition of our parish magazine in 2023. Some articles are already on file!

Topics to consider:

- Why you love being a St Pat's Parishioner.
- Sharing your involvement in Ministry.
- · How faith in God shapes daily life for you and your family.

Articles and archival photos relating to the longstanding history of our remarkable parish — its priests, people and events.

Questions for Fr Robert's column, "Knowledge of Our Rituals Matters". Any topics you think worth publishing.

Email submissions to Marian: balmap5@bigpond.com or leave at the parish office marked "For St Pat's Matters".

DEADLINE: 3 March 2023.



## Enrolling Now for 2024

Come and see our school! School tours will run during Catholic Schools Week on Tuesday 7th March, Wednesday 8th March and Thursday 9th March.

All tours begin at 9.15am and finish by 11am.

Book directly for a school tour by visiting our website under Enrolment/Visiting Our School.

Enrolment applications for Year 7 2024 (First Round Offers) are due by mid March 2023. Applications for other years may be submitted at any time.

Catherine McAuley, 2 Darcy Road, Westmead | www.mcauley.nsw.edu.au

#### For the diary...

Here are other upcoming Cathedral events that are worth noting in your diary:

28 February: Social and Fundraising Group meeting, 7:00pm

09 March: Multi-faith Service (Cathedral, 9:30am)17 March: St Patrick's Day Business Breakfast19 March: St Patrick's Day Parish Celebration

27 May: Pentecost Retreat Day





OPENING HOURS TUESDAY TO FRIDAY - 10:00AM TO 3:00PM SUNDAY - 9:00AM TO 1:00PM MONDAY & SATURDAY - CLOSED

Murphy House, 1 Marist Place, Parramatta

Web: www.stpatricksgiftshop.com | Phone: 0419 153 195 | Email: giftshop@stpatscathedral.com.au



#### **LENTEN GROUPS & STATIONS OF THE CROSS**

Join a Lenten group and the praying of the Stations of the Cross throughout the season of Lent.

Stations of the Cross - Begin on Friday 24 February @ 6:00pm in the Cloister/Cathedral and continues each Friday for the duration of Lent.

Lenten Groups - Begin on Tuesday 28 February @ 9:30am for the duration of Lent - held at the Presbytery office.



Also on Saturdays @ 7:00pm in the Cloister Function Room -A Biblical Walk Through Christ's Passion presented by Charbel Raish of Parousia Media. See below.



Venue: Cloister Function Room

# Pentecost Retreat

Saturday, May 27 10:00am - 3:30pm

Participants will be asked to rsvp closer to the day

Venue: Cathedral

### **Prayer Intentions**

#### We pray for our beloved dead...

"Eternal rest grant unto them, O Lord, and let perpetual light shine upon them..."

**Recently Deceased:** Noble Flursheim, Amelin Tino, Amaflor Youngman, Fr Paul Trong Nguyen, Joe Howard, Emmanuel Combis, Margaret McCallum, Usha Narang, Cardinal George Pell, Alfonsis Totis

**Deceased:** Madeline, Anthony, Patrick, Rosa, Raymond, David O'Connor, Franceska Sajn, Sr Stella, Zita Subasinghe, Gloria Wang, Margaret McCallium, McCallium & Foran families, Giuseppini Rechichi, Juliette Perrottet, Vittoria & Joseph Teuma, Helen Efimeo, Peter Burton, YT & Deanna Hsu, Ivor McBride, Ezelyn Rodrigues

Anniversaries: Constancio Valdez, Leonor Quinalayo, Johannes & Maria Lelyveld, Teresa Rodrigues, Gracie Rodricks, Bernard Rodricks, Bernard Rodricks, Prem Narang, Judy Gallagher, Joseph D'Bela, Agapito Antonio, Mariyakutty Thayyil, Armando & Jacinta Reyes, Honesto & Norma Buendia, Doolub & Duval families, Robert Dearie

Perpetuals: Robert Dearie, Norm Hector, Bokeyar family, David family, Japour family, Paula Loto'aniu, Peter Van Tilburg, Margaret Angela Roberts, Sally & Frank Martlew, Sherwood family, Pat & Jim Hartman, Royan & Andrews families, Don Andrews, Juliet Noronha, Dr Joseph Malouf, Abel Moses, Jimmy, Anna & Frank Grainda, Frank Agostino, Bernadette Melhen & Sally Boujandy, Jack & June Barrett, Ann O'Brien, Watson Lee, Ian & Pat Sanders, Bill & Alice Kendall, Allan Kendall, Maria Patterson & Ellen Bancan, Hooper family, Giuseppina & Giovanni Rechichi, Mary Coady, Mary & Jack White, Vincent & Rebecca Vella, Walter Townsend, Ferris Grugeon, McInherny, White, McWilliam & McGuckin families, Mary Abela, Robert Andrews, Sylvester family, Rogan family, Adcock & McMillan families, Love family, Gabrielle Baker, Paula Cowling, McDermott & Starr families, Repose of the Souls in Purgatory and all deceased parishioners of St Patrick's and St Monica's.

#### We also pray for...

Sick: Marcel Melick, Peter Newman, Edward C, Vincent Rowan, Daniel & Alicia Altmann, Gerard Noonan, Ian Marshall, Lilian Hassin, Maria Davino, Rosa Rizak, Fatima, Cristofer Doughtt, Barbera Hector, Nicole & Rita Slatter, Baldo Polizzi, Richard Gosling, Lester Dunnetio, Renish & Rita Pasanah, Ishander Singh, Poh Yeen Log, Maria Lipec, Mounira Epenian, William Peropert, John Fajarao, Diosdada Penollar, Flor Ocampo, Christie Penollar, Merle Bailie, Teresita Zafiro, Joshua Peric, Fatima, Sharon Webb, Paul Peters, Terry O'Brien

Special Intentions: Rebecca Ramirez, Cresilda Gantuangco, Naleen, Tian, Raveen, Zuo Loong Hsu, Stephen Senjak, Patrick Newman, Nicole & Rita Slatter, Edward Border, Xueyun Lin's family, Brendan & Elise Missio, Adam, Matt & Luke Ward, Peter & Emma Jane Missio, David & Jessica Missio & family, Betty Tobin, Pam Missio, Carmen Marshall, Louise Wehbe, Fidelis Lysewcyz, William Perrottet, Seb Wall, Dewi Stuguart, Fr Peter Henry, Madeline Suttie, Fidelis Lysewcyz, William, Oliver, Claudia & Juliette Perrottet

#### **BAPTISMS**

We welcome into our Catholic Christian family, the Body of Christ, these children who were recently baptised...



Cassian Grace
Aaron Gomesdelan
Mariana Jefferson

Please pray for these children and their families.

Pope Francis'
Prayer
Intention for
February



#### For Parishes

We pray that parishes, placing communication at the centre, may increasingly become communities of faith, fraternity and welcome towards those most in need.

From Pope Francis...

From a tweet dated 23 February

"Lent is the "favourable time" to return to what is essential, to divest ourselves of all that weighs us down, to be reconciled with God, and to rekindle the fire of the Holy Spirit hidden beneath the ashes of our frail humanity."

#### Saint of the Week

27 February - St Gregory of Narek (c.950-1005), Abbot and Doctor of the Church

Gregory was born around 950 to a noble family in Armenia. He received a cultured and literary upbringing. As a young man he entered the monastery of Narek and was educated by the famous school there. He was ordained a priest there and eventually became abbot and spent the rest of his life there.

His life was marked by an intense love of the Virgin Mary. He attained

great heights of sanctity and mystical experience, and expounded his teaching in various mystical and theological works. In 1003 he wrote his outstanding word, the *Book of* Lamentations, and died about two years later.

(Information: Universalis)

#### "Quote of the Week"

"Prayer is the light of the soul, giving us true knowledge of God. It is a link mediating between God and man. By prayer the soul is borne up to heaven and in a marvellous way embraces the Lord. This meeting is like that of an infant crying on its mother, and seeking the best of milk. The soul longs for its own needs and what it receives is better than anything to be seen in the world."

St John Chrysostom (c.347 - 407)Bishop and Doctor of the Church Homily on Prayer

#### Welcome to our seminarian-in-residence, Jeff Hood!

I GREW UP IN Murwillumbah on the North Coast. I have worked for a large part of my life as a Psychologist and Psychotherapist in various settings. I spent a few years working as the State Training Manager for the St Vincent de Paul Society in NSW, was the inaugural Co-ordinator of Bereavement Services at Sacred Heart Hospice in Darlinghurst and taught at the Australian Centre for Grief and Bereavement. For most of my working life, I have taught at various universities and training institutes, teaching trainee psychologists, psychotherapists, and medical students. After graduating in Drama and Theatre Studies from Monash University, I taught there for ten years.

I spent four years as a seminarian, mostly at St Francis Xavier Seminary in Adelaide. More recently, I completed formation as a Spiritual Director at the Heart of Life Centre for Spiritual and Pastoral Formation in Melbourne. My most recent work was as a spiritual director, as a Pastoral Supervisor for clergy, and as a lecturer and supervisor at Heart of Life and the University of Divinity.



As a psychologist and spiritual director, I have witnessed the deep woundedness that many people experience, myself included. Many of us don't believe that we are lovable. We often struggle to believe, in the deepest places of our being, that God loves us - deeply and passionately. About five years ago, I experienced a very difficult time in my life, a time of very deep questioning. Lots of things that I thought were important ceased to be so. The outcome of my period of struggle was a renewed confidence in God's constant loving presence, and a strong desire to commit my life to working to make God's love more known in our struggling world, as a priest.

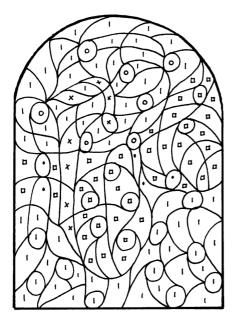
During my time here at St Patrick's, I hope to meet many of you, to learn from you, and to discover God's love more deeply through your prayers and through our encounters. I assure you of my prayers during this great renewal time of Lent.

Jeff Hood

### The Kids' Bulletin

#### First Sunday of Lent February 26th, 2023

Today's first reading tells us about sin.
Use the code at the bottom to colour in the spaces
and find out what the story was.



- □ blue
- green
- ∗ brown

- red
- · skin colour

## Sort the Story!

What happened when Jesus had prayed and fasted for forty days in the desert?

See if you can sort out the order of these pictures.

Write 1 on the first, 2 on the second, and so on.













#### What Happens in Lent?

In today's Gospel story, Jesus goes out into the desert to fast and pray for forty days. In the forty days of Lent, the Church asks us to fast, give alms, and pray.

S NO.
THANKS!

In Lent we don't eat meat on Fridays. Many people give up things like candy or dessert for all of Lent. When we give up food that we like, it reminds us that food isn't the only thing we need- we need God too!

Giving alms means giving money or things to the poor or the Church. God lets there be people who need our help so that we can become better by helping them!

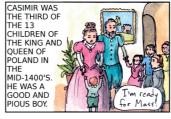
The third thing that we should do in Lent is praying. You could say an extra prayer every day- maybe an "Our Father" or a "Hail Mary" when you wake up or before you go to bed. Another good idea is reading a bit from the Bible, because when we read the Bible we let God speak to us.

What are some little things you could do for Lent? Try to do things that will help you think a bit more about God every day.

Answers to picture puzzle inside: top: 4, 6. middle: 5, 1. bottom:2, 3.

www.thekidsbulletin.com

# Saint Casimir



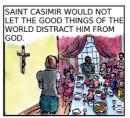






THEY COULDN'T WIN.







HE DIED OF LUNG TROUBLE AT THE AGE OF 23 IN LITHUANIA. HIS LAST WORDS WERE A HYMN TO OUR LADY.

SAINT CASIMIR WAS OBEDIENT TO HIS FATHER AS LONG AS HE WAS ALSO BEING OBEDIENT TO GOD. GOD IS PLEASED WHEN WE LISTEN TO OUR PARENTS, ESPECIALLY WHEN THEY TEACH US TO DO WHAT IS RIGHT. WHAT IS SOMETHING YOU CAN DO TODAY TO OBEY YOUR PARENTS AND PLEASE GOD?



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