

ST PATRICK'S CATHEDRAL, PARRAMATTA

Cathedral Office: 1 Marist Place, Parramatta NSW 2150

(02) 8839 8400 Emergency: 0407 289 360 www.stpatscathedral.com.au

Bishop of Parramatta: Most Rev. Vincent Long Van Nguyen OFM Conv DD

11 June 2023 - The Most Holy Body and Blood of Christ (Year A)

Mass Schedule

SUNDAY

6:00pm Saturday Vigil Mass
7:30am Morning Prayer
8:00am Mass
9:30am Mass
11:00am Solemn Mass with Cathedral Choir
6:00pm Mass

MONDAY TO FRIDAY

6:10am Morning Prayer
6:30am Mass
11:15am Exposition of the Blessed Sacrament
11:15am Reconciliation (till 12:15pm)
Rosary after Angelus at 12:00 noon
12:30pm Mass

SATURDAY

7:30am Morning Prayer
8:00am Mass
8:30am Reconciliation (till 9:00am)
9:30am Mass (Old Rite)
5:00pm Sacrament of Penance (till 5:30pm)

PUBLIC HOLIDAYS

Mass at 8:00am (No Adoration or Confession)

WEEKLY PRAYER GROUPS

Tuesday 9:30am - Christian Meditation
Tuesday 6:30pm - Legion of Mary
Tuesday 7:30pm - RCIA (September - April)
Friday 1:00pm - Cenacle Prayers

MONTHLY PRAYER

First Friday Devotions: 6:30pm

OTHER CONNECT GROUPS

Playgroup: Wednesdays 10:00am - 12:00pm
Facebook: Parramatta St Pat's Playgroup

Credo Youth Ministries

Contact Fr Chris or find information on
Facebook: [credo.stpats](https://www.facebook.com/credo.stpats)
Email: credo@stpatscathedral.com.au

Nervously Approaching Our Lord

IN 2002, MULTI-GRAMMY AWARD winner Eminem released a song titled Lose Yourself in conjunction with biographical hip hop drama film 8 Mile, starring himself. The song speaks of Eminem's film character, from his early struggles to finally being accepted and gaining the respect of other rappers. Outside the film, the song generated commercial success reaching the number one single rank for several consecutive weeks with music critics praising Eminem's work. Twenty years later Lose Yourself has garnered iconic status and has been acclaimed as one of the greatest hip hop songs of all time. Now, this may seem like a random thought on the Solemnity of the Body and Blood of Christ (Corpus Christi), however the opening words of the song, I believe, highlight the sentiments of our First Communicants which, in turn, assists our appreciation of this august sacrament.



Lose Yourself begins with the lyrics 'His palms are sweaty, knees weak, arms are heavy.' Those who know this song can hear the beat begin to kick in... here B-Rabbit (Eminem's film character) acknowledges his anxiety as he begins to rap. When rehearsing with our First Communicants last week I noticed the nervous tension in each child as they practiced receiving the Eucharist for the first time. Some of the children were unsure of the correct posture when approaching the priest, some struggled to place one hand over the other, while others forgot to respond 'Amen' following Fr. Robert saying, 'The Body of Christ.' Yet I believe their apprehension stems from their attempt to reconcile faith with sense data; something the Sacramental Team has tried to instil in each child. Our faith teaches that Jesus Christ is truly, really and substantially present, Body, Blood, Soul and Divinity in the Eucharistic Host, yet our senses tell us that the host we receive both looks and tastes like a wafer. The preparation and action to receive Our Lord is already difficult, the leap of faith is even greater. As such one can understand each child's nervous approach and preparation when receiving the Eucharist for the first time... it makes Eminem's performance in 8 Mile look like a walk in the park.

Providentially our Gospel for this Sunday assists our faith in recognising Christ in the Most Holy Eucharist. After feeding the five thousand the crowd approaches Jesus for more food. Christ, recognising their desire, turns their minds from earthly food to heavenly food: his very self. He states 'I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.' To the Jews this is a strange thought; nervous chatter ensues and doubt creeps into their minds. Yet Christ does not back down from their dubious question for he again states: 'I tell you most solemnly, if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in you. Our Lord is adamant that true life is found in Him; our reception of the Bread of Life assists our journey towards Eternal Life. Whilst our senses may scream 'Wafer, Wafer, Wafer,' our faith in Christ reminds us of the wonderful reality of Jesus' presence in the form of bread. Christ is present. How privileged are we to receive him?

Dear friends, today I invite you to remember in your prayers each child who is receive the Eucharist for the first time today. This important step in their faith journey is a reminder of Christ's love for them. Additionally, I invite you into their shoes and remember the nervous excitement when you first received the Eucharist. We are privileged to receive Our Lord regularly which can result in familiarisation; may we never forget to receive the Eucharist full of faith, for Jesus Christ, God Incarnate, is truly present in our midst.

Wishing you a blessed week ahead, Fr Chris



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THE BULLETIN

STAFF CONTACT DETAILS

Dean and Administrator

Very Rev Fr Robert Riedling
8839 8420 or frrobert@stpatcscathedral.com.au

Assistant Priest

Rev Fr Chris del Rosario
8839 8423 or frchris@stpatcscathedral.com.au

Deacon

Rev Mr David Dowling
8839 8415 or deacon@stpatcscathedral.com.au

Priest in Residence

Rev Fr Van Xua (Joseph) Nguyen
Vietnamese Community Chaplain

Office Hours: 9:00am - 4:00pm weekdays

Receptionist: Donna Missio (Mon, Tue, Wed, Fri)
8839 8400 or enquiry@stpatcscathedral.com.au

Parish Secretary: Pat Preca (Mon, Tue, Thu, Fri)
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Cathedral Parish Manager: Mili Lee (Tue - Fri)
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8839 8400 or secretary@stpatcscathedral.com.au

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8839 8400 or music@stpatcscathedral.com.au

Liturgy Coordinator/Sacristan: Fr Chris del Rosario
8839 8423 or frchris@stpatcscathedral.com.au

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8839 8400 or credo@stpatcscathedral.com.au

Gift Shop Manager: Minnie Harb
8839 8400 or giftshop@stpatcscathedral.com.au

SACRAMENTS

Baptisms are celebrated in the Cathedral on most Sundays. Check for exceptions. Family members and guests are requested to be present at the Cathedral at least fifteen minutes before the usual commencement time of 12:45pm.

Weddings are by appointment only.

At least six months' notice is necessary.
Contact the Parish Secretary on 8839 8412.

First Eucharist and Confirmation
Please contact the Parish Secretary.

HIRING of ROOMS

For hire of Cloister Function rooms, call the office on 8839 8400 or enquiry@stpatcscathedral.com.au

Material for Bulletin

If you have something that you would like published in the bulletin, please ensure that it is conveyed to our Parish Secretary, Pat, by **12:00noon on Thursday**. Please note that material must relate to the parish and its mission. Don't forget that businesses can advertise on the rear page of the bulletin too!

JUNE IS STEWARDSHIP MONTH!

Stewardship and the Body and Blood of Christ

"...we form a single body." (1 Corinthians 10:17)

Stewardship challenges everyone to act differently in how to use their gifts of time, talent and treasure so as to benefit others and to serve the Kingdom. This vision speaks into every aspect of life, inviting everyone to be thankful, generous and accountable for what each has been given.

Today we celebrate Corpus Christi, an opportunity for us to reflect on the importance of the Eucharist in our lives as Christian disciples.



"Because there is one bread, we, who are many, are one body, for we all partake of the one bread." (1 Cor 10:17) As disciples of Jesus, we are called to lead holy lives and invite others to join us. We are called to be fed and to feed others. Living a stewardship lifestyle, being grateful and generous with our gifts, serves a twofold purpose. One, it helps build God's kingdom here on earth. Two, it helps us strengthen each other's relationship with God the Father, Jesus, and the Holy Spirit. It becomes our roadmap to Heaven. Let's help each other get there!

Personal Reflection point:

Jesus gives himself for one purpose: 'for the life of the world.' (John 6:51)

Stewardship: what is it?

During the month of June, beginning this Sunday 11 June, the parish will be launching a stewardship renewal program with the purpose of not only increasing financial resources but to create a culture of gratefulness and discipleship.

The program is as follows:

- 11 June** - Launch by the clergy
- 18 June** - Witness talk
- 25 June** - Pledge
- 01 July** - Thank you

Please note that giving envelopes for those who are currently giving by envelope will be available next **Sunday 18 June**.



**"THE HARVEST
TRULY IS
PLENTIFUL, BUT
THE LABORERS
ARE FEW."**

PARISH NOTICES

Corpus Christi Procession

After today's 11:00am Solemn Mass, there will be a procession with the Blessed Sacrament around the precinct of the cathedral, followed by a brief period of Adoration and Benediction. All are welcome to be a part of this. Please bear in mind that this will extend the Mass by about 20-25 minutes.



First Eucharist

Over sixty children of the parish have excitedly been waiting to receive the Sacrament of the Eucharist for the very first time. This will take place at the 9:30am Mass today.

We thank their parents and Sacrament team of the Cathedral who have been working collaboratively to prepare the children for this important step in their faith journey.

Please pray for the First Communicants as they welcome Christ into their hearts, that their First Communion day will begin a lifelong love of the Eucharist.

CONGRATULATIONS

The Sisters of Saint Elisabeth Convent

have been rendering spiritual, social and financial assistance to the sick and the suffering who stay at the National Psychiatric Clinic, the boarding home for children with special needs, the boarding home for mentally challenged adults, the rehabilitation centre for mentally challenged children, the municipal hospital No.2, and a TB clinic, for more than fifteen years.

Icons, crucifixes, wooden and alabaster crosses, vestments, church goods and other religious items are made with prayer and love in the workshops of the Convent. In order to foster the social ministry of the Sisterhood, our sisters arrange trips to different countries visiting Christian parishes and monasteries. It enables us to make the faithful aware of our charitable work and to offer the goods made by the sisters and people who undergo rehabilitation.

Please come and say hello and take a look at what we do while you are there! *The Sisters of St Elisabeth, Belarus*

Vinnies Sleepout - Cathedral Hall

St Patrick's cathedral parish is hosting a Vinnies community sleepout event on **Thursday 22 June** in the cloister hall. The sleepout encourages communities to gain a deeper understanding of homelessness, raise awareness of the realities faced by people experiencing homelessness and raise funds to support Vinnies homeless services.



The event will start from **7:00pm**, with attendees sharing a soup and bread dinner, receive presentations on homelessness and potentially volunteer on the Vinnies Night Patrol in Prince Alfred Park. Attendees will sleep on cardboard layers and sleeping bags in the hall and share a barbecue breakfast plus a de-brief together Friday morning after 6:30am Mass. The event will finish around **8:00am on Friday 23 June**. Please contact the parish office to register your interest in attending the sleepout event or helping run the barbecue on Friday morning. Funds raised by the sleepout event will be equally split between the Vinnies Parramatta conference plus the Lady of the Way refuges for older women. Donations over \$2.00 are tax deductible.

Submissions for St Pat's Matters

All going well, the next edition of St Pat's Matters will be out in June or July. Some articles are already on file.

The stories in your faith journey matter. Please share them!

Topics to consider:

- First Holy Communion - share your child's/family's journey to receiving their First Holy Communion.
- Why you love being a St Pat's Parishioner.
- Sharing your involvement in Ministry.
- How Faith in God shapes daily life for you and your family.
- Articles and archival photos relating to the longstanding history of our remarkable parish - its priests, people and events.
- Seniors' Morning Tea - your take on the talk.
- Questions for Fr Robert's column, Knowledge of Our Rituals Matters, and
- Mothers' Matter: share memories of your mother's influence in your lives.

Email submissions to M Polizzi: balmapp5@bigpond.com or leave at the parish office marked for St Pat's Matters.



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SUNDAY - 9:00AM TO 1:00PM
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PARISH NOTICES

Public Holiday - Monday 12 June

Monday 12 June is the King's Birthday and, as a public holiday, this means that there will be just the one Mass at 8:00am. The church and the cathedral precinct will be closed from 9:00am. This means, of course, that the usual Reconciliation and Adoration will not take place on that day. Thank you!

Seniors' Ministry: 20 June

The next seniors' ministry gathering will take place in the hall on **Tuesday 20 June**. It will be a morning tea, starting at 10:00am.

We have a wonderful guest speaker lined up to guide conversation and there will be plenty of time to catch up with old and new friends. All seniors are invited. \$5 donation at the door.

To register, please call Pat or Donna in the office on 8839 8411.

Holy Hour for Vocations - 21 June

What is a Vocation? The word vocation comes from the Latin verb *vocare* which means 'to call'. God calls or invites you to a particular vocation: single life, marriage, consecrated life or priesthood. Vocation in the Church isn't a job or career – it is the way God invites you to live out your baptismal calling; to love and give yourself to others.

In order to do this we need to be strengthened by the grace of God. As such I invite you to Holy Hour for Vocations - a time of prayer before the Blessed Sacrament asking for:

- an increase of all vocations
- renewed fidelity in one's vocations and
- give due honour to Our God.

Come join us on the Third Wednesday of the Month at 7:00pm in the Blessed Sacrament Chapel at St. Patrick's Cathedral.

Fr Chris

Christian Meditation

Come for one hour per week and enjoy meditative prayer with like minded people, currently held in the Parish Office on Tuesdays at 9.30am.

We are pleased to say the numbers are increasing and the group ranges from young adults to seniors.

It is a safe, welcoming space where friendships are made and support is found if it is needed.

If you would like to 'feel the water', no obligation, just turn up. Hope to see you some time soon.

Anyone for Mahjong?

Mahjong is a tile-based game originating from China. This game is gaining popularity, hence this notice.

A parishioner (Lynn) who has been learning this game would like to gauge the interest in having a group play here on a regular basis.

If this is something that interests you, contact the parish office and we will pass on your details.

"Good health is not something we can buy. However, it can be an extremely valuable savings account." – Anne Wilson Schaefer

Cloister Cafe

Apologies again - the Cloister Cafe will not be in operation today due to the First Holy Communion.

We would love to say 'see you the following week' but, we are in discussion whether or not we will be having a barbecue.

Always something happening - very fortunate we have such understanding parishioners and volunteers.

Watch this space!

Sacraments of Initiation - Preparation for the Sacrament of Confirmation

Details will be in next week's bulletin.

Readers' & Servers' Formation

Those of you who so generously offer your gifts and talents to the parish as readers or servers, will be aware that in doing so you commit to developing those gifts to better serve the parish.

As such, Fr Robert and Fr Chris will be running some formation sessions early in July. Please note that these sessions will be **obligatory** for those who are readers or servers. We will do our best to ensure the times are convenient to all concerned.

The Bible Timeline

First Session, Saturday 10 June

The Bible Timeline study program (24 sessions) takes you on a guided journey through salvation history.

The Bible Timeline will teach you how to read and understand the entire bible and introduce you to the beautiful narrative of Scripture in a way that will transform your life.

Sessions will be held in the Cloister Function Room, on scheduled **Saturdays from 7:00pm - 9:00pm**. For a list of dates please pick up a flyer.



Car Park Turning Circle

Thank you to the vast majority of you who do the right thing and refrain from parking in the turning circle, but there still seems to be a small number of people who feel that they are an exception to the rule concerning parking here. Please do the right thing. The turning circle is there for two reasons: firstly, to facilitate manoeuvring of vehicles leaving the car park and secondly, to assist **emergency vehicles** should they need to use it. If you feel you have a valid case to park in the turning circle, please approach me personally and we can discuss the matter. *Fr Robert*

FROM THE DIOCESE

Parramatta Tribunal

The Tribunal of the Catholic Church in the Diocese of Parramatta is open Monday to Friday, 9:00am to 5:00pm for enquiries regarding marriage annulments. Interviews are being conducted in person, via Zoom and telephone interviews are available for those unable to attend the office. Please contact the Tribunal office on 8838 3480 or email tribunal@parracatholic.org.

Save Calvary Hospital

There is a petition to the Members of the ACT Legislative Assembly to reverse a decision of the ACT government to compulsorily acquire Calvary Hospital in Canberra. This removes the ownership and management from Calvary Health Care – a Catholic operator – and gives the ownership to the government-run, non-faith-based Canberra Health Services instead. To find out more about the implications of this decision and to sign the petition please visit: www.savecalvary.com.au

Refugee Week Creative Showcase: 16 June

Join us for an inspiring event featuring participants of the JRS Australia Leadership Program reflecting on this year's Refugee Week theme: 'Finding Freedom'. Experience a creative showcase including speeches, poetry, short film and art on Friday 16 June at 6:00pm at the Cloister Room, St Patrick's Cathedral, 1 Marist Pl, Parramatta. Parking available onsite. RSVP via <https://bit.ly/refugeeweekshowcase>

Free English and Citizenship Classes

Catholic Care Western Sydney and the Blue Mountains is offering English and citizenship classes at its All Saints of Africa Centre, 63 Allawah St, Blacktown. Courses are subsidised by the New South Wales Government. Please register to participate in the program by phoning 0477 952 024. You can also contact Nepean Community College on (02) 4724 9000.

Marriage Preparation Courses in 2023

Getting married in 2023? Let the Diocese of Parramatta help you prepare. Visit www.parracatholic.org/pmp to view weekend course dates in the New Year, to book and pay. An online preparation called SmartLoving can also be booked via the website. For more information, email met@parracatholic.org or phone Karin on 0419 242 435 or Marisa on 0412 280 017.

Diocesan Synod 2023

Join Bishop Vincent at a listening event!

Over the next six weeks, Bishop Vincent is travelling throughout the Diocese and listening directly to people's stories and suggestions about our Church. Join him at one of these locations to have your say. Events start at 6:30pm with light refreshments:

- o **Saturday 17 June** at St Andrew the Apostle Primary School, Marayong.
- o **Saturday 24 June** at Holy Spirit Primary School, St Clair.

To register for your local consultation and to learn more about the Diocesan synod, visit parracatholic.org/synod2023

Multicultural Mass: 18 June

Migrant chaplains and people from all ethnic communities in the Diocese of Parramatta and Archdiocese of Sydney are invited to a Multicultural Mass on Sunday 18 June at 2:00pm at St Mary's Cathedral, Sydney. Bishop Vincent Long will be the principal celebrant and all are welcome to attend. If you have any questions, please contact Fr Roland Maurer EV or Kylie Cullen via immigration@sydneycatholic.org

Free webinar series on The Voice: 29 June and 27 July

Catholic Social Services Victoria, in conjunction with Catholic Social Services Australia, is pleased to invite you to join them for a series of webinars to learn more about the upcoming referendum on the Indigenous Voice to Parliament. Learn from legal, historical and theological experts and hear from Indigenous people about their experiences, hopes and concerns for The Voice referendum. To book tickets, please visit www.trybooking.com/CHXKH

St Vincent Pallotti Scholarship Trust

The St Vincent Pallotti Scholarship Trust offers scholarships to enable lay people to further their understanding and skills in leadership/ministry or a specialised activity, such as promoting faith enhancement, social justice and pastoral care. More information and Applications Forms are available on our website pallottine.org.au/svpscholarship. Applications close 04 August.



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Prayer Intentions

We pray for our beloved dead...

*"Eternal rest grant unto them, O Lord,
and let perpetual light shine upon them..."*

Recently Deceased: Rolando Mercado, Edward Ngu Lia Ting, Teresa Gaffney, Grandma Chan, Dionisio Quirante, Teresa Gaffney, Paul Canh, Teresa Mau, Ike Brooks, Mary-Ann B. Frani, Rachael Kee Xin Wei, Domenic Long

Deceased: Edgard Perez, Liberto, Leonisa & Leonica Antonio, James & Elizabeth Kovejic, Bonifacia Mabalut, Vivencia Salvador, YT & Deanna Hsu, Lewis & Nazar Nissan, Regina Yousif, Ronald Paterson, Elizabeth Srinivasan, Benjamina De Vera, Cedric Cunningham, Family members, Michael Perez, Vittoria Tuema

Anniversaries: Waldemar Drankowski, Maria Truoc Nguyen, Umberto & Anton Basa, Paul Mahoney, Felipe Manubay, Josefa Manubat, Peter Van Tilburg, Joseph Tuema, Aidrian Pol O'Dombnaill, John & Danny Doolub, Lucy D'Mello

Perpetuals: Paul Mahoney, Louisa & Arthur Baxter, Nat Fedyk, Robert Dearie, Norm Hector, Bokeyar family, David family, Japour family, Paula Loto'aniu, Peter Van Tilburg, Margaret Angela Roberts, Sally & Frank Martlew, Sherwood family, Pat & Jim Hartman, Royan & Andrews families, Don Andrews, Juliet Noronha, Dr Joseph Malouf, Abel Moses, Jimmy, Anna & Frank Grainda, Frank Agostino, Bernadette Melhen & Sally Boujandy, Jack & June Barrett, Ann O'Brien, Watson Lee, Ian & Pat Sanders, Bill & Alice Kendall, Allan Kendall, Maria Patterson & Ellen Bancan, Hooper family, Giuseppina & Giovanni Rechichi, Mary Coady, Mary & Jack White, Vincent & Rebecca Vella, Walter Townsend, Ferris Grugeon, McInherny, White, McWilliam & McGuckin families, Mary Abela, Robert Andrews, Sylvester family, Rogan family, Adcock & McMillan families, Love family, Gabrielle Baker, Paula Cowling, McDermott & Starr families, Repose of the Souls in Purgatory and all deceased parishioners of St Patrick's and St Monica's

We also pray for...

Sick: Ashley & Debbie Brown, Emerlinda Sarreal, Habib Nohra, Susan Rodricks, Leonard Close, David Mannall, Barbara Younis, Cyril, Angela & Ostelio, Lilly Risk, Jerome Nyambane, Jeffrey Mousley, George Abela, Patrick Marion, Flavia, Baldo Polizzi, Michelle & Ryan, James Murphy, Louie Wehbe, John Lowe, Marcel Melick, Peter Newman, Edward C, Vincent Rowan, Daniel & Sharon Webb, Paul Peters, Terry O'Brien

Special Intentions: Bernadette Khalil, Kathleen, Rachel & Shane, N.N., Masu, Mary Issac, Anne & Natasha Perrottet, Claudia Suttie, Audrey Perrottet, Julien & Alexander Perrottet, Anne & John Perrottet, Heidi Perrottet, Raveen, Kathleen Donovan, Rachel Lawrence, John Patacsil, Michael Perez, Peter Newman, Emerlino Sarreal, Melaia Lakai, Leonardo Close, Mary Rose Tito, Michael Perez, Madeleine Suttie, Francesca Ryan, Helen Perrottet, Elizabeth Nubla, Luise, Naleen, Tian, All mothers living & deceased, Antonio Gatmaitan, Victoria Antonio, Ankica, Nikola, Mara, Bozo & Stephen Senjak, Chmielewski Ruzica, John Anare, Rafael Senjak, Melina & Joe, Santos family

BAPTISMS

We welcome into our Catholic Christian family the following children who were recently baptised here...

Azalea Mercado-Libunao

WEDDINGS

We also welcome into our Catholic Christian family the following couples who were recently married here...

Emily Feszczuk & Joshua Neville

Amelia Mailangi & Kelly Marka

Andrea David & Aldrin Clores

Please pray for them and their families.

POPE FRANCIS' Prayer Intention for June



For the abolition of torture

"We pray that the international community may commit in a concrete way to ensuring the abolition of torture and guarantee support to victims and their families."

From Pope Francis...

*From a tweet
dated 05 June*

"It is necessary to accelerate the change of course in favour of a culture of care that is centred on human dignity and the common good, one nourished by an alliance between human beings and the environment that must mirror God's creative love."

Saint of the Week

12 June - Bl Alfons Maria Mazurek (1891-1944), Priest, Martyr

Born in 1891 at Baranowka, near Lubartow, Poland, he entered the Order of Discalced Carmelites in 1908, taking the religious name Alphonsus Mary of the Holy Spirit. He was ordained a priest and appointed as a professor, while dedicating himself to the education of youth. Afterwards he served in his Order as prior and bursar. In 1944, after having been arrested by the troops that had invaded his country, he was shot on 28 August at Nawojowa Gora, near Krzeszowice. He was beatified by John Paul II on 13 June 1999, together with many other Polish martyrs.



“Quote of the Week”

"How precious and wonderful is this banquet, which brings us salvation and is full of all delight! What could be more precious? It is not the meat of calves or goats that is offered, as under the Old Law; at this meal Christ, the true God, is set before us for us to eat. What could be more wonderful than this sacrament?"

St Thomas Aquinas
(1225-1274)
Priest & Doctor of the Church
"On the feast of Corpus Christi"



(Information: Universalis)



Congratulations

We welcome 60 First Communicants, receiving the Body of Christ for the first time at the 9:30am Mass this Sunday.

Congratulations to the children and their families for their commitment to completing the formation process and prayerfully accompanying each other in this important faith journey.

May you always feel the presence of God in your life today and every day, and be guided always by God's wisdom and grace.

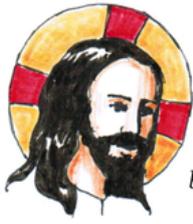


Many thanks to Kerry, Franca, the Cathedral staff and all volunteers who helped run the Sacramental program.

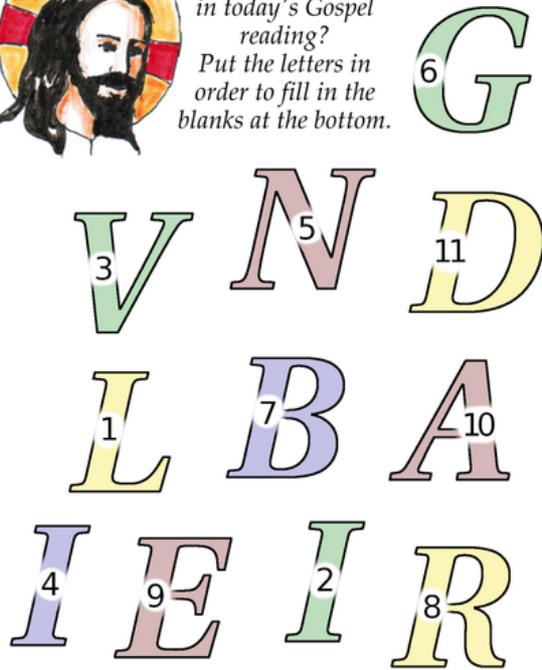


The Kids' Bulletin

Feast of the Body and Blood of Christ
June 11th, 2023



What did Jesus say in today's Gospel reading? Put the letters in order to fill in the blanks at the bottom.



"I am the _____ which came down from Heaven."

The Body and Blood of Christ

Today we celebrate the feast day of the Body and Blood of Jesus in the Blessed Sacrament. At the Last Supper, Jesus knew that He was going to leave His friends. So He turned the bread into His Body and the wine into His Blood - even though they still looked like bread and wine - and told the Apostles to do the same.

Jesus gave the Apostles, who were the first priests, the power to change bread and wine into His Body and Blood in the Mass. Now at every Mass Jesus comes to us on the altar, Body and Blood, Soul and Divinity!

Of course we can't see any change happen when the priest consecrates the bread and wine, but we know that God can do things without us understanding them. He loves us so much that He wants to come to us hidden in Holy Communion. Now it is up to us to love Him back with our whole hearts!



Answer to puzzle on front: Living Bread. A-2, B-6, C-7, D-4, E-1, F-5, G-3.

www.thekidsbulletin.com

Gospel Match-up



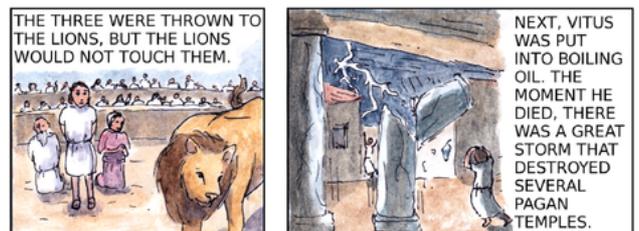
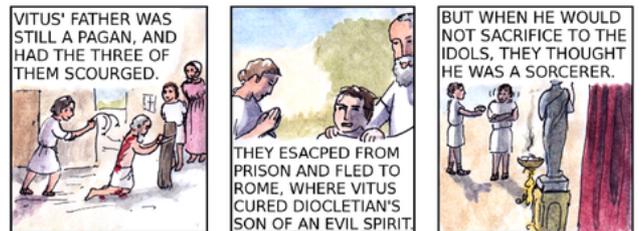
How well do you know today's Gospel story? See if you can match up the first parts with the second parts of what Jesus told the people.



- | | | |
|---|----------|---------------------------------------|
| I am the living bread | A | 1 food indeed, |
| if any one eats of this bread, | B | 2 which came down from heaven; |
| the bread which I shall give for the life of the world | C | 3 abides in me, and I in him. |
| Unless you eat the flesh of the Son of man and drink his blood, | D | 4 you have no life in you |
| For my flesh is | E | 5 is drink indeed. |
| and my blood | F | 6 he will live for ever; |
| He who eats my flesh and drinks my blood | G | 7 is my flesh. |

Saint Vitus

June 15



ALTHOUGH WE DON'T KNOW MUCH ABOUT SAINT VITUS, WE DO KNOW THAT HE WAS A HERO WHO GAVE UP HIS LIFE FOR GOD. HE IS THE PATRON SAINT OF DANCERS, ACTORS, AND AGAINST STORMS. HIS NURSE AND HIS TUTOR ARE GOOD EXAMPLES TO US BECAUSE THEY TAUGHT THE FAITH AT THE COST OF THEIR LIVES.

thekidsbulletin@gmail.com

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